

Homoeopathy Home Kit & Select Symptoms

1. **Aconitum Nap (Monkshade)**

- Running nose, headache, fever -Exposure to dry, cold winds –(Nov to Feb)
- Sudden stiffness/tightness of body, sudden fear and acute symptoms of illness
- Sudden shock/fear
- Birth shocks, urine stoppage,

2. **Allium Cepa (Red Onion)**

- Violent sneezing with watering nose and eyes

3. **Aloe Soc (Aloe Vera)**

- Rumbling, gurgling in the stomach with loose watery & gaseous stool
- Suddenly stool escapes with wind

4. **Apis Mel (Honey Bee Venom)**

- Burning, swelling, stinging pain due to Insect bites
- Swelling/puffing under lower eyes

5. **Arnica Montana (Flower)**

- Physical or emotional Injury & trauma-
- Sudden fatigue, Sore, bruised, lame feeling as if beaten
- Before and after surgery-also relieves pain

6. **Arsenicum Album (White oxide of Arsenic)**

- Food Poisoning due to spoilt food- nausea, vomiting and loose motions
- Running nose
- Chill-feeling very cold
- Very thirsty but taking small sips of water constantly

7. **Belladonna (Plant- Sagangur)**

- Tonsils-Swollen and pain on swallowing and earache
- Headache - congestive/throbbing
- High Fever due to exposure to cold- with no thirst
- Airsickness

8. **Bryonia (Wild hop vine)**

- Splitting frontal headache and fever early morning (often due to constipation)
- Muscles stiff/painful (often due to exposure to cold air at night) aggravation on movement-desire to lie down/sinking in the mattress
- Heaviness of body
- Thirsty-drinks huge quantity of water
- Kolkata weather when days are hot and nights are cold

9. Calendula (Marigold Flower)

- Cut injury & skin bruises-Antiseptic

10. Cantharis (Spanish fly venom)

- Burns caused by fire, sunlight, boiling water, scalds etc
- Burning and difficult urination
- Burning sensation anywhere, blisters

11. Carbo Veg (Charcoal)

- Acidity, Slow digestion & Gas
- Sour belching & heaviness in upper stomach
- Hungry at mealtimes but previous meal not digested.
- Undigested food in stool
- Effective digestive & gas medicine- feels better by belching or passing gas
- Surgery shock

12. Chamomilla (Chamomilla flower)

- Teething, whining, crying, wants to be carried
- Children & infants' medicine

13. Gelsemium (Yellow Jasmine flower)

- Throbbing headache around the temples, head feels tied with a band
- Occipital headache- in orbits, pain in lower neck, shoulders and back bone
- Eyelids are heavy-drooping, Sluggish back, fever & chills in spine
- Heat stroke-very good medicine

14. Hypericum (Herb)

- Crushed fingertips, nerve injuries
- Spinal injury upon falling-specially in the coccyx region
- Blow on the head causing convulsion

15. Ipecacuanha (Root)

- Acute nausea and vomiting-due to exposure to cold winds, with fever and headache, nausea not relieved by vomiting, Pregnancy nausea

16. Kali Bichrom (Potassium Bichromate)

- Tough, stringy mucus, cold & earache
- Internal nasal drip causing severe cough at night
- The inward flow of mucus is reversed and flows out

17. Merc Sol (Mercury)

- Severe griping pain around the navel, Amoebiasis
- Blood in the stool
- Recurrent mouth ulcers

18. Nux Vomica (Poison Nut)

- Stomach pain a little after any meal
- Indigestion due to late nights, ill effects of modern lifestyle, constipation and diarrhea alternately, Nausea/vomiting-due to irregular food timings (e.g. international travel/night duty/late nights)
- An antidote to allopathic drugs & also alcohol
- Stomach hernia

19. Rhus Tox (Poison Oak)

- Muscular pain or stiffness--better on movement- feels better in the evening
- Exposure to the sudden change from heat to cold
- Muscle, ligament, tendon injury

20. Robinia (Yellow locust plant)

- Acute acidity

21. Ruta G (Shrub)

- Ligament, bone and cartilage injury
- Injury from a fall, the body feels bruised



The physician's highest calling, his only calling, is to make sick people healthy - to heal, as it is termed.

(Samuel Hahnemann)